



LONG TERM CARE (LTC) ALTERNATE RELATIONSHIP PLAN (ARP) INTERCARE

On July 1, 2008 the LTC ARP Intercare, with 12 physicians, began with the belief that it can change the practice of LTC. With its roots in continuing care and the delivery of health services the project team is continuing to advance the program. To ensure the ARP program reflects the future directions of the province of Alberta in serving the needs of seniors, our project team sought to review two of the Alberta Health and Wellness Strategic Plans released in December 2008; *Vision 20/20 and Continuing Care Strategy*. The outcome of this review is captured in this chart outlining the alignment of the LTC ARP at Intercare with these two provincial plans.

VISION 20/20

GOAL 1 Providing the Right Service, in the Right Place and at the Right Time

THE LTC ARP INTERCARE

- innovative service delivery concept
- committed to increasing the scope of practice & efficient communication and collaboration with physicians and care staff
- increased, consistent scheduled time for physicians on site

GOAL 2 Enhancing Access to High Quality Services in Rural Areas

THE LTC ARP INTERCARE

- model of service delivery and medical practice with applicable concepts and outcomes to potentially increase efficiency and accessibility of LTC in rural communities

GOAL 3 Matching Workforce Supply to Demand for Services

THE LTC ARP INTERCARE

- increased clinical time for physicians with patients
- decreased scheduling and administrative duties for physicians
- timely and relevant educational opportunities for care staff
- team-based collaborative partnerships
- increased emphasis on the recruitment of physicians, ensuring an absolute fit with the program and desire to make a positive difference in LTC.

GOAL 4 Improving the Co-ordination and Delivery of Care

THE LTC ARP INTERCARE

- role of the Associate Team Leader (ATL) in the provision of care coordination
- increased organization of resources to result in more efficient care
- consistency of clinical rounds focuses clinical practice
- ATL to coordinate family conferences for the development of positive solutions tailored to each patient and family

GOAL 5 Building a Strong Foundation for Public Health

THE LTC ARP INTERCARE

- focus on sustainable living for residents
- focus on strengthening communities
- focus on LTC integration in larger community
- inclusion of current, governmental strategic directions in planning and implementing of the ARP
- support of medical community through hosting the annual LTC Colloquium

CONTINUING CARE STRATEGY AGING IN THE RIGHT PLACE

STRATEGY 1 Investing in Community Supports

THE LTC ARP INTERCARE

- redefining LTC and applying an improved process
- investing in community support and education of a sustainable future in LTC
- increased choice and attention to quality of life in care planning and management of healthy aging
- embracing more efficient technologies in LTC

STRATEGY 2 Building Infrastructure to meet "Aging in the Right Place"

THE LTC ARP INTERCARE

- increased coordination of services to residents

STRATEGY 3 Changing the Way LTC Accommodations are Paid

THE LTC ARP INTERCARE

- it is the goal of the ARP to increase the quality of life of the resident while living in their long term care accommodation. Through a provincially adjusted framework for setting accommodation fees, additional services and amenities will support the ARP's integrated and collaborative service model.

STRATEGY 4 Funding Individuals Based on Needs and/or Funding Providers

THE LTC ARP INTERCARE

- creating a "choice" for residents in joining the ARP
- increased focus on quality of life and quality of care for residents
- enhances the sense of value residents feel from their health care team
- ongoing program evaluation and potential for research initiatives

STRATEGY 5 Providing Equitable Drug Coverage for People Where They Live

THE LTC ARP INTERCARE

- team-based care with on-site pharmacist to review medications with physicians and enable awareness of the pharmaceutical needs of each resident